

The Music Within Us™ presents

Learn to Listen to Your Life

Find Your Own Song

All-day Public Workshop with
Dr. Lisa Chu

Saturday, April 24, 2010
10:00am to 4:00pm

Morning: *Listen To Your Own Sound*

Afternoon: *Sing Your Own Song*

Listen To Your Own Sound will include group participation in verbal inquiry to witness **the truth of your heart** and a chance to connect with the unique gifts and talents that only YOU can offer the world, using a signature approach from Gail Larsen's Real Speaking®.

Sing Your Own Song will explore sound, voice, and music as an expression of who you are and how you resonate with the world of vibration around you. Using your own voice, body and breath, and the choice of some simple musical instruments, you will have the opportunity to collaborate, improvise, and develop an original piece of music that represents **your personal sound mantra** and have a recording of it made available to you.

Who should attend? This workshop is designed for adults who are either in transition or open to expanding their consciousness through new experiences. Maybe you've been "playing the game" and following the rules all your life, even getting to many of the goals you've set for yourself. Now what? To connect with a deeper sense of meaning, or to explore a part of yourself you'd like to know more, you'll need to play a different game, where the rules are written from your own heart.

****No prior music experience is necessary!**** If you have or play a musical instrument, you are welcome to bring it. You are also highly encouraged to play outside your comfort zone and experiment with new forms of expression.

We will co-create a safe environment in which to play, dream, explore, act, and discover what the voice of our souls may offer the world.

Tuition: \$125 in advance, \$135 on-site

To register in advance, visit: www.themusicwithinus.com

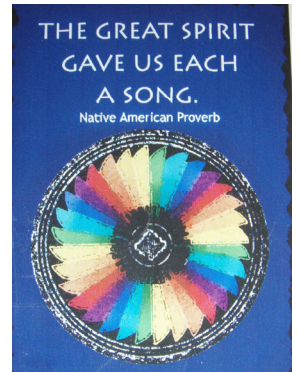
Space is limited. Advance registration is recommended.

Location:

**The Cradle of
Manifestation**

**2483 Old Middlefield Way
Suite 150
Mountain View, CA 94043**

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Dr. Lisa Chu is an experienced performer, educator, and creative entrepreneur, offering participants in her facilitated self-exploration adventures the gift of presence and deep listening. Harvard-educated and familiar with conventional routes to success and status in professional roles, Lisa has taken the leaps of faith necessary to learn the power of following the voice in her own heart. Her musical experience began at the age of three, with classical piano and violin training, including performances at Carnegie Hall, the Kennedy Center, for Pope John Paul II at the Vatican, and in Moscow for Boris Yeltsin. Lisa has an A.B. with honors in Biochemical Sciences from Harvard University, and an M.D. from the University of Michigan Medical School. She has worked as an investment professional at a venture capital firm, and created her own violin school for young children in the Bay Area. Most recently, she has received training and certification in the methodologies of Martha Beck Life Coaching, Gail Larsen's Real Speaking®, and California Institute of Integral Studies' Sound Voice & Music Healing Program.